# Physics of medical imaging and radiotherapy

### BSc/MSci Physics level 3 7.5 ECTS course in term 2



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 The discovery of X-rays (Röntgen 1895) kick-started the field of medical imaging



 Developments in understanding and technology has led to far superior image quality



 and has been extended to full 3D tomography

### Key developments in medical imaging

- 1895 First x-ray image by Röntger (NP 1901)
- 1896 Becquerel finds radiation from uranium (NP 1903)
- 1898 Marie and Pierre Curie find radiation from polonium and radium (NP 1903)
- 1910 Krause, Bachem and Günther use barium sulphate as contrast agent
- 1926 Forssmann places catheter in own heart and takes x-ray image (NP 1956)
- 1946 Purcell and Block demonstrate Nuclear Magnetic Resonance (NP 1952)
- 1956 Anger: first gamma camera
- 1958 Donald: ultrasound of unborn child
- 1971 Hounsfield: first x-ray Computed Tomography (CT) scannet (NP 1979) Mansfield
- 1973 Lauterburt first Magnetic Resonance Imaging (MRI) (NP 2003)
- 1975 Pogossian: Positron Emission Tomography (PET) scanner



- insight into the state of the art of medical imaging technology
- to introduce the physical principles behind:
  - interaction of radiation with biological tissue
  - generation & detection of radiation
  - signal and image processing
  - radiation used for therapy

Don't worry, you will not be expected to learn biological/medical terms.



### Course Structure:

### Overall

- 18 lectures/seminars covering core examinable material
- Assessed by a summer examination
- 50% contribution to course mark
- You will get
  - Lectures; number varies, but, usually between 1 and 3 per week
  - Additional study material
  - 1<sup>st</sup> in-person seminar
    - Introduction to Projects and Problem Sheet exercise
  - In-person seminars 2 & 3
    - Work on "Problem Sheet" exercise
  - 4<sup>th</sup> in-person seminar
    - Peer-assessment of "Problem Sheet" exercise more details in a bit...

### Lectures 2—6: X-ray imaging and tomography





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X-ray







## Lectures 7—9 and Seminar 4: Nuclear imaging γ-cam/SPECT PET



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### Lectures 10—12: Radiotherapy



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#### X-ray/photon therapy



#### **Proton-beam therapy**







### Lectures 13—15: Ultrasound Imaging

#### Ultrasound



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### Lectures 16—19 and Seminar 6: MRI



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### Format for seminars

### Learning by teaching

- Harold Hopkins "Only when you try to teach something do you discover whether you truly understand it."
- Richard Feynman The Feynman Technique
  - Pretend to explain a concept to an inanimate object, e.g. a rubber duck
  - Identify gaps in your knowledge
  - Review notes and textbooks
  - Explain it to someone else

### • Seminars and topics:

- 1. Introduction to Projects and Problem Sheet question exercise
- 2. Work in groups on Problem Sheet exercise
- 3. Work in groups on Problem Sheet exercise
- 4. Peer assessment of Problem Sheet exercise



### Aside: Rigid (Hopkins) endoscopes

- high quality image
- is the basis for most modern rigid endoscopes
- large number of pixels
- can offer a very large field of view, e.g.  $80^{\circ}$ ...
- ...but can't see round corners!

Hopkins' rod lenses greatly simplifies alignment and manufacture (bottom)



http://www.karlstorz.com/cps/rde/xchg/SID-03A4C631-05538108/karlstorz-en/hs.xsl/2411.htm

### Aside: Flexible fibre bundle endoscopes

- image guided by fibre bundle
- each core guides light by total internal reflection
- up to 30,000 cores in a bundle
- used routinely for flexible clinical endoscopy until the development of miniature CCD cameras

#### NATURE

January 2, 1954

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### Course Structure: Weeks 7-8

- Problem Sheet Question and Answer exercise
  - Worth 5% of the final mark
  - Topic will be linked to that of the Project, see following slides
  - Group members will be the same as for Project
- Working in a group you will:
  - Week 7
    - Prepare a problem sheet-style question with answers on an assigned topic
    - The question and answers should take you 2-3 hours to prepare
    - Aim is that someone else in the class should take  $\sim$ 20 mins to complete it
  - Week 8
    - Individually assess the problem sheet-style question and answers prepared by 3 other groups
    - During seminar 7, your group will assign a single mark (out of 10) for each of the other 3 groups' questions
    - This will then be combined with a mark (out of 10) from a member of academic staff to give the overall mark for the exercise (out of 20)

### Course Structure: Weeks 8—11

- Group project on an advanced topic
  - In week 7 you will be given the list of projects on offer and asked to give your ranked preferences
  - We will tell you your group and assigned project topic in week 8
  - Working with your group, you need to prepare a report and a presentation
  - You will get 2 meetings with your project supervisor in weeks 9 and 10
- The report deadline 5pm 2<sup>nd</sup> May
  - 45% of final mark
  - One 20-page report prepared by group working together
  - Marked by member of academic staff
  - Peer questionnaire each member of group will be asked to rate the contribution of each other group member
  - Any member contributing more or less than 20% of the average will have their individual mark adjusted pro-rata